# **BSW SYLLABUS**

# For

# III & IV SEMESTER BACHELOR OF SOCIAL WORK Under NEP 2020

# From

Department of Social Work Jnanabharathi Campus Bangalore University Bengaluru-560056

### III Semester

Sl.	Course Type	Title of the Paper	Instruction	Duration of	N	lax. Marks		
No.			Hours per week	Exam	IA	Exam	Total	Credits
1	BSW-C7	Community Organization and Social Action	4	2	40	60	100	4
2	BSW-C8	Psychology for Social work Practice	4	2	40	60	100	4
3	BSW-C9	Field Work Practicum-III (FWP–III)	16*	2 Days a week Concurrent Fieldwork & Viva Voce	50	50	100	4
4	OE-3	Disaster Management	3	2	40	60	100	3
5	L1	MIL/MEL	4	2	40	60	100	3
6	L2	MIL/MEL	4	2	40	60	100	3
7	SEC 2	Artificial Intelligence	2	1	20	30	50	2
8	SEC (V B)	Sports	1	1	25	-	25	1
9	SEC (V B)	NCC/NSS/R&R (S&G)/ Cultural	1	1	25	-	25	1
		Total					700	25

### **B.S.W - IV Semester**

Sl.	Course	Title of the Paper	Instruction	<b>Duration of</b>		Max. M	arks	Credits
No.	Type		Hours per	Exam	IA	Exam	Total	
			week					
1	BSW-	Social welfare	4	2	40	60	100	4
	C10	Administration						
2	BSW-	Social Legislations	4	2	40	60	100	4
	C11							
3	BSW-	Field Work Practicum-	16*	2 Days a	50	50	100	4
	C12	IV (FWP–IV)		week				
				Concurrent				
				Fieldwork				
				&				
				Viva Voce				
4	OE-4	Counseling and	4	2	40	60	100	3
		Guidance						
5	L1	MIL/MEL	4	2	40	60	100	3
6	L2	MIL/MEL	4	2	40	60	100	3
7	AECC	Constitution of India	2	1	20	30	50	2

8	SEC	Sports	1	1	25	-	25	1
	(VB)							
9	SEC	NCC/NSS/R&R(S&G)	1	1	25	-	25	1
	(VB)	/ Cultural						
		Total					700	25

### **Bachelor of Social Work (BSW)**

**Level: Semester III** 

Course: C-7

# Title of the Paper: Community Organization and Social Action

Objectives		Teaching, LearningProcess	Le	earning Outcomes	Course Evaluation
1.	To understand the	1. Lecture	1.	Able to demonstrate	
1.	fundamental concepts and components of	<ul><li>2. Assignment</li><li>3. Individual</li></ul>	1.	familiarity with community	a) Semester end examination: 60 marks
	community, Community	and Group  Presentation		organization and social action as methods of	b) Internal Assessment: 40 marks
	organization and social action		2.	social work profession Able to develop skills	(Written Tests (2) - 10 + 10, Assignment/Seminar/
2.	To understand the models of community			of collecting and collating information to	Activities-10, Assignment Presentation and Class
	organization and social action			understandcommunity, its structure and	Participation-5 + 5)
3.	To understand the			components.	
	relationship of community		3.	Able to gain the experience and	
	organization and social action with			exposure to practice community	
	other methods of social work			organization and social action at micro and	
4.	To understand various social movements in		4.	macrolevels Able to understand the	
	India.		<b>-</b>	relationship of	
				communityorganization and social action with	
				other methods of social work	

Community Organization and Social Action					
Number of theory Credits Number of Lecture Hours					
04	56				

Content of Course	Hours
Unit I: Community	13
Chapter No. 1 Community: Concept, Meaning and Definition	
Chapter No. 2 Elements and Characteristics of Community	
Chapter No. 3 Functions of Community	
<b>Chapter No. 4</b> Types and Their Features of Community: Rural, Urban, Tribal and Nomadic Communities.	
Unit II: Community Organization	15
<b>Chapter No. 5</b> Community Organization: Concept, Meaning, Definition , Scope and Objectives	
Chapter No. 6 Models, Principles and Process of Community organization	
<b>Chapter No. 7</b> Community Organization and its relationship with other methods of Social Work	
Chapter No. 8 Role of Community organizer	
Unit III: Social Action	12
Chapter No. 9 Social Action: Concept, Meaning, Definition, Objectives and Scope	
<b>Chapter No. 10</b> Social Action and its Relationship with Other Methods of Social Work	
Chapter No. 11 Principles and Strategies of Social Action	

Chapter No. 12 Models of Social Action- Popular and Elitist; Need Based and	
Right Based Approaches	
Unit IV: Social Movements in India	16
Chapter No. 13 Social Movements: Concept, Meaning, Definition and Scope,	
Sources of Social Movement	
Chapter No. 14 Agrarian and Peasant Movements: Anthyodaya, Sarvodaya,	
Bhoodan. Contemporary movements: Anti-Corruption Movements, Anti-	
Globalization Movement.	
Chapter No. 15 Environmental Movements: Narmada Bachao	
Andolan, Chipko movement, Silent Valley, ChilkaLake and Save	
Western Ghats.	
Chapter No. 16 Dalit movements: National and Karnataka State, Women	
Movements in Karnataka and Right Based Movement	

Key Words: Community, Community Organization, Social Action and Social Movement

Cox F (1987), Community Organization, Michigan, FE Peacock Publishers

Gangrade K.D. (1971), Community Organization in India, Bombay, Popular Prakashan

Hardcastle, David A., Stanley Wenocur, & Patricia Powers (1996). Community Practice: Theories and Skills for Social Workers. New York: Oxford University Press

Ledwith, M. (2005). Community Development a Critical Approach. New Delhi: Rawat Publications

MacIver R.M. and Page, CH (1985), Society: An Introductory Analysis, New Delhi, Macmillan Publishers

Marie Weil (ed.) (2005), The Hand Book of Community Practice, New Delhi, Sage Publication

Ross M.G. (1955), Community Organization: Theory and Principles, New York, Harper & Brot

Shah, Ghanshyam (2004), Social Movements in India: A Review of the Literature, New Delhi, Sage

Siddique, H. Y. (1997). Working with Communities – Introduction to Community Work. New Delhi: Hira Publications

Siddiqui, H.Y. (1985), Social Wok and Social Action, New Delhi, Harnam

Singh, R (2001), Social Movements-Old and New: A Post-modern Critique, New Delhi, Sage

Somesh Kumar (2002) Methods for Community Participation: A complete guide for practitioners, New Delhi: Sage Publication (Vistaar)

Yadav C.P. (2007). Encyclopedia of social work and community organization. New Delhi: Anmol Publications Pvt

### **Level: Semester III**

### Course: C-8

# Title of the Paper: Psychology for Social Work Practice

<b>Course Objectives</b>	Teaching	Learning	Course
	<b>Learning Process</b>	Outcomes	Evaluation
To understand     psychological     concepts and its     relevance to Social	1. Lecture	Able to understand     psychological     concepts and its     relevance to Social	A. Semester end examination :60 marks  B. Internal Assessment:40
Work  2. To understand determinants and processes of personality development	<ul><li>2. Assignment</li><li>3. Individual and Group Presentation</li></ul>	Work  2. Able to understand determinants and processes of personality development	(Written Tests (2) - 10 + 10, Assignment/Seminar/ Activities-10, Assignment Presentation and Class Participation-5 + 5)
3. To understand the basic concepts and processes in social psychology and its relevance to Social Work		3. Able to understandthe basic concepts and processes in social psychology and its relevance toSocial Work	
4. To understand social attitudes and psychosocial behavior		4. Able to understand social attitudes and psycho-social Behavior	

Psychology for Social Work Practice				
Number of theory Credits Number of Lecture Hours				
04	56			

Content of Course		
Unit I: Introduction to Psychology	12	
Chapter No. 1 Relevance of Psychology for Social Work		
Chapter No. 2 Perception and Learning: Definition, factors influence on perception		

and learning.	
Chapter No. 3 Abnormality: Types, Causes and remedial measures	
<b>Chapter No. 4</b> Emotion and Intelligence: Concept, Factors affecting Emotion and Intelligence	
Unit II: Human Growth and Personality	14
<b>Chapter No. 5</b> Human Growth and Development: Meaning, Definitions and Differences	
Chapter No. 6 Principles of Growth and Development.	
Chapter No. 7 Psychoanalytic Theories of Personality: Sigmund Freud and Carl Jung	
Chapter No. 8 Behaviour and Humanistic Theories: B.F. Skinner and Carl Rogers	
Unit III: Introduction to Social Psychology	12
Chapter No. 9 Social Psychology: Concept, Definition and Relevance to Social Work	
Chapter No. 10 Influence of Intra and Inter Groups on individual behaviour	
<b>Chapter No. 11</b> Social Perception and Social Cognition: Definitions, Features and Factors	
<b>Chapter No. 12</b> Social Influence and Interpersonal Attraction: Definitions, Features and Factors	
Unit IV: Social Attitude and Collective Behaviour	16
<b>Chapter No. 13</b> Attitude: Meaning, Definition, Social Attitude: Meaning, Definition, Features and Formation	
Chapter No. 14 Collective and Social Behaviour: Characteristics and Dynamics	
<b>Chapter No. 15</b> Leadership: Meaning, Definitions, Traits and Functions, Dynamics of Leadership	
Chapter No. 16 Stereotypes and Prejudices	

Key Words: Psychology, Human Growth, Personality and Collective Behaviour

Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. and Hilgard, E. R. (2013). Introduction to Psychology. New York: H. B. J. Inc.

Baron, R.A. and Byron, D. (1998). Social Psychology. New Delhi: Prentice Hal.

Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications.

Elizabeth, H. (1968). Development Psychology. New York: Mc Graw Hill.

Feldman, R.S. (1985). Social Psychology: Theories, Research and Applications. New York: McGraw hill.

Feldman, R.S. (1997). Understanding Psychology. New Delhi: Mc Graw Hill.

Hall, C.S. Lindzey, G. and Cambell J.B. (2004). Theories of Personalities. New York: WileyM.

Kuppuswamy, B. (1972). Elements of Social Psychology. New York: Asian PublishingHouse.

Morgan, C.T., King, R.A. Weisz, J.R., Schopler, J. (2001). Introduction to Psychology. NewDelhi: Tata McGraw and Hill.

Myers, D.G. (2005). Social Psychology (8th ed.). New Delhi: Tata McGraw Hill Pub. Co.Ltd.

### **Level: Semester III**

### Course: C-9 FWP-3

### Title of the Paper: Field Work Practicum 3

Objectives	<b>Learning Outcomes</b>	Course	
		Evaluation	
To work in agencies working in different types of areas of Social Work practice	1. Able to understand Programmes and projects of governmental and non-governmental organizations and critically appraise them	Field work evaluation: Internal Assesment:50 Viva voce:50	
<ul><li>2. To develop work plan inconsultation with agency supervisor</li><li>3. To develop capacity for</li></ul>	Able to prepare work plan and its execution	, That vocate o	
observationand analysis of social realities  4. To practice the methods of	3. Able to develop professional attitude conducive to deal with human problems		
working with individuals and groups  5. To develop understanding of the	4. Able to develop sensitivity towards the needs and problems of different target groups		
needs, problems and Programmes for different target groups	5. Able to develop understanding of the role of Social Workers in different settings.		
6. To develop understanding of the role of Social Workers in different settings	<ul><li>6. Able to apply programme Media Skills in Social Work interventions.</li><li>7. Able to develop skills to write reports of work performed during</li></ul>		
7. To develop Skills in report writingand use of supervision both at agency and faculty level	field work and make use of supervision		

#### Field Work Tasks and Activities

#### 1. Familiarization with agency and develop an agency profile with focus on:

- 1.1 Organizational genesis, organizational types and structure, ideological orientation, programmes and policies
- 1.2 Client group/s
- 1.3 Problems are being focused
- 1.4 Services are being provided
- 1.5 The role of social worker
- 1.6 Network with other agencies.
- 2. Observe agency functioning
- 3. Practice the methods of working with individuals (3 Casework) and groups in the agency (8 Group session)
- 4. Practice the Skills in observation, listening, group discussion and report writing.
- 5. Assist the organization wherever desirable in its ongoing interventions.
- 6. Seek guidance from agency supervisor and attend weekly Individual Conference with field work supervisor.
- 7. Minimum 24 Visits need to carryout
- 8. Students Required to Learn following components i
  - 8.1 Aims and Objectives of the Organization, Organization Structure, Sources of Funding, Genesis and Types of Organization, Problems faced by the Organization,
  - 8.2 Legal Status of the Organization
  - 8.3 Functions of Social Work

Level: Semester III
Course: BSW-OEP 3

# **Title of the Paper: Disaster Management**

**Credits: 100/3** 

<b>Course Objectives</b>	Teaching	Learning	Course
	Learning Process	Outcomes	Evaluation
<ol> <li>To understand key concepts and typologies of disasters</li> <li>To understand Processes of disaster mitigation and disaster management</li> <li>To develop Skills and promote intervention strategies to assess the vulnerability and prepare modules for the future eventualities</li> <li>To develop capacity to work with different agencies at international, national and local levels</li> </ol>	<ol> <li>Lecture</li> <li>Assignment</li> <li>Individual and Group Presentation</li> </ol>	1. Able to understand the impact of hazards and disasters 2. Able to respond in vulnerable and emergency management to restore the quality of life	A. Semester end examination: 60 marks Internal Assessment: 40 marks (Written Tests (2) - 10 + 10, Assignment/Semin ar/ Activities-10, Assignment Presentation and Class Participation-5 + 5)

Disaster Management		
Number of theory Credits Number of Lecture Hours		
03	48	

Content of Course	Hours
Unit I: Introduction to Disasters	12
Chapter No. 1 Disaster: Concept, Meaning, and Definition	
Chapter No. 2 History of Major Disaster Events in India	
Chapter No. 3 Types of Disasters – Natural Disasters: Famine, Drought, Flood, Cyclone, Tsunami, Earthquake	
Chapter No. 4 Man-made Disasters: Riots, Blasts, Industrial, Militancy	
Unit II: Disaster Mitigation and Disaster Management	12
Chapter No. 5 Profile, Forms and Reduction of Vulnerability	
Chapter No. 6 Disaster Mitigation: Concept and Principles	
Chapter No. 7 Disaster Management: Concept and Principles	
Chapter No. 8 Pre-disaster- Prevention and Preparedness	
Unit III: Impact of Disaster	12
<b>Chapter No. 9</b> Physical, Economic, Social, Psycho-socio Aspects, Environmental Impacts	
Chapter No. 10 During Disaster- Rescue and Relief	
Chapter No. 11 Post-disaster- Rehabilitation and Reconstruction	
Chapter No. 12 Victims of Disaster- Children, Elderly, and Women	
Unit IV: Disaster Process and Intervention	12
Chapter No. 13 Displacement- Causes, Effects and Impact	
<b>Chapter No. 14</b> Major Issues and Dynamics in the Administration of Rescue, Relief, Reconstruction and Rehabilitation	

Chapter No. 15 Components of Rescue, Relief, Reconstruction; Rehabilitation

Chapter No. 16 Disaster Policy in India; Disaster Management Authority- NDMA,

SDMA, DDMA; Disaster Management Act, 2005

Key Words: Disaster, Disaster Mitigation, Disaster Management and Disaster Process.

Anil Sinha (2001), Disaster Management-Lessons Drawn and Strategies for Future. New Delhi, Jain Publications.

Backer, C.W. and Chapman, W. (ed.). (1969), Man and Society in Disasters, New Delhi,

Clarke, J.I., Peter Curson, et. al. (ed.) (1991), Population and Disaster, Oxford, Basil Blackwell Ltd.

Cuny, Frederick (1984), Disasters and Development, Oxford, Oxford University Press. Disaster Management Act 2005

Garb, S. and Eng. E (1969), Disasters Hand Book, New York, Springer.

Gupta, M.C, L.C. Gupta, B. K. Tamini and Vinod K. Sharma (2000), Manual on Natural

Disaster Management in India, New Delhi, National Institute of Disaster Management.

Hoff, A. (1978), People in Crisis- Understanding and Helping, California, Addison Wesley.

Maskrey, Andrew (1989), Disaster Mitigation: A Community Based Approach, Oxford, Oxform.

Narayan, Sachindra (ed.) (2000), Anthropology of Disaster Management, New Delhi, Gyan Publishing House.

Nidhi G Dhawan (2014), Disaster Management and Preparedness, New Delhi, Jain Publications.

Parasuraman, S. and Unnikrishnan, P.V. (2000), India Disasters Report: Towards Policy

Initiative, New Delhi, Oxford University Press.

Satendra, K.J. Anandha Kumar and V.K. Naik (2013), India's Disaster Report, New Delhi, National Institute of Disaster Management.

Singh, R.B. (ed.) (2000), Disaster Management, New Delhi, Rawat Publications.

Sinha, P.C. (ed.) (1998), Encyclopedia of Disaster Management (Vol.1-10), New Delhi, Anmol Publications.

Tata Institute of Social Sciences (2002). Special Volume on Disaster Management, Indian Journal of Social Work, Vol.63, Issue 2, April.

### **Level: Semester IV**

### Course: C-10

# Title of the Paper: Social Welfare Administration

Course Objectives	Teaching Learning Pedagogy	Learning Outcomes	Course Evaluation
<ol> <li>To understand concept of social welfare and social welfare administration</li> <li>To understand Structure and components of social welfare administration</li> <li>To understand relevance of social welfare administration for social workers</li> </ol>	<ol> <li>Lecture</li> <li>Assignment</li> <li>Individual and Group Presentation</li> </ol>	<ol> <li>Able to understand concept of social welfare and social welfare administration</li> <li>Able to understand the Structure and components of social welfare administration</li> <li>Able to understand the relevance of social welfare administration for social workers</li> </ol>	A. Semester end examination: 60 marks  B. Internal  Assessment: 40 (Written Tests (2) - 10 + 10, Assignment/Seminar/ Activities-10, Assignment Presentation and Class Participation-5 + 5)

Social Welfare Administration		
Number of theory Credits Number of Lecture Hours		
04 56		

Content of Course	Hours
Unit I: Introduction to Social Welfare	12
Chapter No. 1 Social Welfare: Concept, Definitions, Nature, Objectives and Scope.	
<b>Chapter No. 2</b> Social Welfare Administration: Concept, Definitions, Objectives and Nature	

Chapter No. 3 Principles, Functions and Scope of Social Welfare Administration	
Chapter No. 4 Social Welfare Administration, Public Administration and Social Security Administration	
Unit II: Structure of Social Welfare Administration	14
Chapter No. 5 Social Welfare Agencies: Concept, Functions and nature	
Chapter No. 6 Social Welfare Administration at local, State: State social welfare Board, State Adoption and Regulatory Agency, Dept. of women and child	
<b>Chapter No. 7</b> Social Welfare Administration at Central level: central social welfare board, Central Adoption Regulatory Agency, Dept. Of Social Justice and empowerment GoI.	
Chapter No. 8 Social Welfare Administration at International Level: UNDP, UNICEF, WHO.	
Unit III: Functions of Social Welfare Administration	12
Chapter No. 9 Planning, Organizing, Staffing: Concept, Types and Objectives	
Chapter No. 10 Directing, Coordinating: Concept, Types and Objectives	
Chapter No. 11 Reporting, Budgeting: Concept, Types and Objectives	
Chapter No. 12 Evaluation, and Feedback: Concept, Types and Objectives	
Unit IV: Skills and Techniques of Social Welfare Administration	16
Chapter No. 13 Project and programme Development in welfare organization	
Chapter No. 14 Fund Raising and Resource Management	
Chapter No. 15 Public Relations, Networking, Referral Services	
Chapter No. 16 Decision Making, Conflict Resolution	

Key Words: Social Welfare, Social Welfare Administration, Agencies and Components of Administration

Balsara Jal F., (1984). Perspectives on Social Welfare in India. New Delhi: S. Chand Co. Ltd. Bhattacharya, S. (2006). Social Work Administration and Development. Jaipur: Rawat Publications Chowdhry, P.D., (1983). Social Welfare Administration. Delhi: Atma Ram Sons

Goel, S.L. & Jain, R.K., (1988). Social Welfare Administration: Theory and Practice, (Vol. I & II). New Delhi: Deep and Deep Publications.

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UNDP (2001). The Monitoring and Evaluation Framework, UNDP, Toronto: University of Toronto Press.

Friedlander, W. A. (1976). Concepts and Methods of Social Work. New Jersey: Prentice- Hall Kuppuswamy, B. (2010). Social Change in India. New Delhi: Vikas Publishing House (P) Ltd. Somesh, Kumar (2002) Methods for Community Participation: A Complete Guide for Practitioners, New Delhi: Sage Publication.

### Level: Semester: IV Course: C-11

# **Title of the Paper: Social Legislations**

Objectives	Teaching Lenig	<b>Learning Outcomes</b>	Course Evaluation
	Process		
<ol> <li>To study and understand legislative structure and frame</li> <li>To study and understand the Process of making legislation</li> <li>To study and understand social legislation in the context of Social Justice</li> <li>To understand provisions of various social legislations in India</li> </ol>	<ol> <li>Lecture</li> <li>Assignment</li> <li>Individual and Group Presentation</li> </ol>	1. Able to promote knowledge in understanding the cause and effect of discrimination and oppression  2. Able to prepare modules and strategies for advocacy to bring sustainable social change	A. Semester end examination:60 marks B. Internal Assessment: 40marks  (Written Tests (2) - 10 + 10, Assignment/Seminar/Activities-10, Assignment Presentation and Class Participation-5 + 5)

Social Legislations		
Number of theory Credits Number of Lecture Hours		
04	56	

Content of Course	Hours
Unit I: Legislation	14
Chapter No. 1 Legislation: Concept, Meaning and Definition	
Chapter No. 2 objectives of Legislation	
Chapter No. 3 Process of making Legislation	
Chapter No. 4 Importance of Parliament and State Legislations	
Unit II: Social Legislation	14

Chapter No. 5 Social Legislation: Concept, Meaning and Definition	
Chapter No. 6 Needs and Objectives of Social Legislation	
<b>Chapter No. 7</b> Importance of Social Legislation in Welfare State; Legal-aid and Public Advocacy	
Chapter No. 8 Social Legislation as an Instrument of Social Change	
Unit III: Social Legislations in India	14
<b>Chapter No. 9</b> Salient Features of Dowry Prohibition Act (1961) and its Amendments; Salient Features of Protection of Women from Domestic Violence Act (2005); Prevention of sexual Harassment of women at Work place 2013 (prevention, prohibition and redressal)	
Chapter No. 10 Salient Features of Child Labour Prohibition and Regulation Act (1986) and its Amendments; Salient Features of Juvenile Justice Act (2015) Care and Protection;	
Chapter No. 11 Laws Related to Marriage; Salient Features of Hindu Marriage Act and Special Marriage Act	
Chapter No. 12 Salient Features of Right to Information Act (2005) and its Amendments.	
Unit IV: Constitution of India	14
Chapter No. 13 History of Drafting the Indian Constitution	
Chapter No. 14 Important Constitutional Amendments in the Area of Social Welfare	
Chapter No. 15 Situations of Human Rights: Indian and International Perspectives	
<b>Chapter No. 16</b> Understanding Human rights based Social Work Interventions in Various Fields	

Key Words: Law Making Institutions, Legal Aid, Social Legislation and Constitutional Amendments

Bakshi PM (2007), Constitution of India, Delhi: Universal Law Publishing House

Basu, D. D. (2015). Introduction to Constitution of India. 22<sup>nd</sup> Edition. Mumbai: LexisNexis.

Gangrade KD (1978), Social Legislation in India, New Delhi, Concept pub

Gaur K. D. (2004) A Text Book on the Indian Penal Code, Delhi: Universal Law Publication Co.

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Mahajan, G. (Ed.). (1998). Democracy, Difference and Social Justice. New Delhi: Cambridge University Press

Naik G.P. (1992), Social Legislation in India, Bangalore: Lambani Publish. Print Well Publications. Relevant Bare Acts

Vyas, R. N. (1998), The Soul of Indian Constitution: A Critical Evaluation, Jaipur: Rawat Publication

### **Level: Semester IV**

### Course: C-12 FW-4

### **Title of the Paper: Concurrent Field Work Practicum 4**

Objectives	tives Learning Outcomes Evaluation	
1. To develop work plan in consultation with agency supervisor	Able to understand social work interventions in different areas	Field work evaluation: 100
2. To continue practicing the methods of working with individuals and groups	2. Able to prepare work plan and its execution	Internal assessment:25 Field work vivavoce: 25
3. To identify and utilize human, material and financial resources	3. Able to form small groups with different age and gender groups	(Social work camp:50 marks)
4. To develop process-oriented skills of working with individuals, families and groups with special reference to social support system	4. Able to apply programme media skills in social work interventions	
5. To develop skills of observation, interviewing, group discussion and leadership	5. Able to write process oriented reports and engage in meaningful discussions during supervisory conferences	
6. To develop skills of report writing and use of supervision (both agency and faculty)	6. Able to develop the ability to link theoretical learning with practical realities	

#### **Field Work Tasks and Activities**

- 1. Familiarization with agency
- 1.1 Client group
- 1.2 What problems are being focused
- 1.3 What services are being provided
- 1.4 What is the role of social worker
- 1.5 Network with other agencies.
- 2. Working with group using programme Media
- 2.1 Organize programme media activities
- 2.2 Observe group dynamics
- 2.3 Practice skills in group discussion, programme planning and action.
- 3. Report writing
- 4. Individual conferences.

Though it is proposed that the student's placement would be agency based in  $3^{rd}$  and  $4^{th}$  semester, however, if there is insufficient number of organizations for field work, then student could be placed in the community setting and in this case, the fieldwork objectives of the  $3^{rd}$  and  $4^{th}$  semester will be applicable.

### **Level: Semester IV**

### Course: BSW- OEP-4

# Title of the Paper: Counseling and Guidance

<b>Course Objectives</b>	Teaching	Learning	Course Evaluation
	<b>Learning Process</b>	Outcomes	
<ol> <li>1. To develop an understanding about the basics of counseling and guidance</li> <li>2. To understand the theories of counseling</li> <li>3. To develop ability to apply appropriate counseling techniques with special groups</li> </ol>	<ol> <li>Lecture</li> <li>Assignment</li> <li>Individual and Group Presentation</li> </ol>	1. Able to understand the basics of counseling and guidance  2. Able to understand the theories of counseling  3. Able to develop application of various counseling techniques with special groups  4. Able to understand linkages of counseling and guidance in Social Work	A. Semester end examination: 60 marks  B. Internal Assessment: 40 marks(Written Tests (2) - 10 + 10, Assignment/Seminar/ Activities-10, Assignment Presentation and Class Participation- 5 + 5)

Counseling and Guidance	
Number of theory Credits	Number of Lecture Hours
03	48

Content of Course	Hours
Unit I: Introduction to Counseling and Guidance	12
Chapter No. 1 Concept and Definitions of Counseling and Guidance	
Chapter No. 2 Nature and Scope of Counseling and Guidance	
Chapter No. 3 Principles of Counseling	
<b>Chapter No. 4</b> Counseling Process (Assessment, Intervention, and Termination)	
Unit II: Types and Theories of Counseling	12
Chapter No. 5 Types of Counseling	
<b>Chapter No. 6</b> Theories of Counseling: Psycho-analytic, Behavior Modification, Eclectic theory	
Chapter No. 7 Counseling Techniques	
Chapter No. 8 Ethical considerations in Counseling	
Unit III: Counseling With Special Groups	12
Chapter No. 9 Characteristics and Needs of Special Groups	
Chapter No. 10 Counseling with Socially and Economically Disadvantaged, Destitute and Orphans	
Chapter No. 11 Counseling and Guidance with Delinquents, School Drop-outs	
Chapter No. 12 Counseling and Guidance with HIV - AIDS Patients, Victims of Substance Abuse	
Unit IV: Individual and Group Counseling and Guidance	12
Chapter No. 13 Understanding Group Dynamics and Group Process	
Chapter No. 14 Advantages and Characteristics of individual/Group Counseling and Guidance Chapter No. 15 Planning Individual/Group Counseling and Guidance Sessions	
<b>Chapter No. 16</b> Skills of Group Facilitation (including dealing with conflict).	

Key Words: Counseling, Guidance, Special Groups and Group Facilitation

Belack, A.S., Harson, H and Kazdin, A.E. (Ed), (1982). International Handbook of Behaviour Modification and Therapy. New York: Plenum Press.

Brammer, L.M. and Shostron, E.L. (1982). Therapeutic Psychology – Fundamentals of Counseling and Psychotherapy (4th F.C) Englewood Chiffs: Prentice Hall Inc.

Brown, D and Srebahus, D.j.(1988) An Introduction to Counselling Profession. Engle-Wood

Cliffs, New Jersey: Prentice Hall.

Corey, G. (1977) Theory and Practice of Counselling and Psychotherapy, Montery, CA Book/Cole publishing Company.

Cormier, L and Hackney, H (1995) The professional Counsellor. Englewood Cliffs, New

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#### **Social Work Camp**

During Semester IV of the course, the Social Work department would organize a residential social work camp for 7days duration in rural, semi-rural/urban and Tribal areas. Every student shall attend it as a part of course requirement. The organizing of camp would acquaint the students with community scenario, living conditions, problems and issues of rural society. The camp would be planned to provide ample opportunities for students to fine tune their interpersonal relationship Skills through the Process of group dynamics and achieve a harmonious blend of learning and work.

Objectives	<b>Learning Outcomes</b>	Course
		Evaluation
<ol> <li>To provide exposure of realities of life in rural and semi-rural areas</li> <li>To understand the rural social system, its culture, and livelihood patterns</li> <li>To understand the geographical, economic and political features, needs and problems of rural Community</li> <li>To observe living conditions, housing,</li> </ol>	<ol> <li>Able to be acquainted with rural and tribal scenario and their socio-economic aspects</li> <li>Able to be familiarized with group dynamics and power structures in a rural Community</li> <li>Able to hone Skills of rapport building, formation,</li> </ol>	Total Marks: 50 Internal Assesment:2 5 Viva voce:25
water supply and other amenities in rural areas  5. To sharpen the Skills of rapport formation, situational analysis and awareness generation	situational analysis and awareness generation through stimulating group king  4. Able to acquire and develop attitudes helpful for effective	
<ul><li>6. To experience group-living and develop attitudes conducive for effective team work</li><li>7. Acquire Skills in planning, organizing, implementing the camp</li></ul>	team work  5. Able to learn the Skillsand art of organizing and managing activities and events relating to camp	
8. To develop an understanding of group dynamics and power structures in a rural Community		

<sup>\*</sup>Though it is proposed that camp will be organized in 4<sup>th</sup>sem, however, based on the localconditions, the camp can be organized during the period of the course.

# Work load details for core discipline and core practicum papers for III & IV Semester BSW

### III SEMESTER

Sl no	papers	Instruction hours per week	Remarks
1	BSW C-7	4	
2	BSW C-8	4	
3	BSW OEP-3	3	
4	BSW-C10(P)	For fieldwork practicum students shall be divided into minimum 5 batches. 16*2 = 8 X 5 batches = 40 hours will be the workload per week.  Individual and group conference 4 hrs per batch per week 5x4=20 hrs	Field work practicum work load has been calculated as per  UGC Curriculum study report of social work and UGC LOCF Social work curriculum
	Total 72 hours of workl	Total = 60 hrs per week  pad per week for III Semeste	or RSW
		SEMESTER	
		1	T
	BSW-C11	4	
	BSW-C12	4	
	BSW-OEP-4	3	
	BSW-C14(P)	For fieldwork practicum (including social work camp) students shall be divided into minimum 5 batches. 16*2 = 8 X5 batches = 40 hours will be the workload per week.	Field work practicum work load has been calculated as per  UGC Curriculum study report of social work and UGC

Individual and group conference 4 hrs per batch per week 5x4=20	LOCF Social work curriculum
hrs  Total = 60 hrs Field	
work practicum per week	
Total 72 hours of workload per week for IV Seme	ester BSW

### Title of the Course: AECC - Constitution of India

AECC Constitution of India	
Number of Theory Credits	Number of lecture hours/semester
2	30
* Syllabus as specified by the University Norms.	

### Title of the Course: SEC (Value Based) Sports

SEC (Value Based) Sports*		
Number of Theory Credits	Number of lecture/Activities/hours/semester s	
1 (0+0+2)	15 to 20 hrs. (Approximately)	
* Syllabus as specified by the University Norms.		

### $Title\ of\ the\ Course:\ SEC\ (Value\ Based)\ NCC/NSS/R\&R/(S\&G)/Cultural$

Number of Theory Credits	Number of lecture/Activities/hours/semester s
1(0+0+2)	15 to 20 hrs. (Approximately)